

Dementia tablets - easy read

Information about dementia tablets for people with learning disabilities



Information for service users, families, carers and supporters

This leaflet can be read with support to help you understand our services





This booklet tells you about tablets to help with dementia.



Dementia is an illness that makes it hard to remember things.



It can make it hard to do the things that you enjoy.

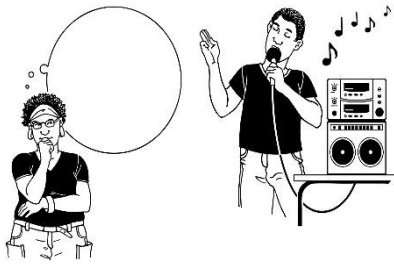


The tablets are called:

Donepezil
Rivastigmine
Galantamine
Memantine



The tablets are not a cure but might make you feel better.



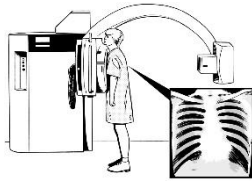
The tablets work on the brain.

They help you remember things and do the things you enjoy.

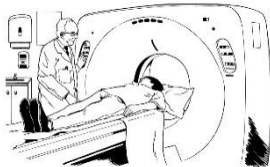
Before you start the tablets you may have:



- blood tests



- a chest x-ray



- a scan to see inside your body.

We may also record your brain activity by placing small sensors on your scalp. This is called an EEG.

The tablets sometimes make you feel:



- sick
- dizzy
- tired
- not hungry.



They sometimes give you a headache or a tummy ache.



Get the runs / diarrhoea

Questions to ask your doctor



- how will the tablets help me?
- how long will it take before I feel better?
- what do I do if I forget a tablet?
- what should I do if the tablets make me feel poorly?
- what could happen if the tablets are stopped?



You could think of some questions of your own.

Useful people to contact:



Consultant



Community Nurse



Social Worker



Ask your nurse, pharmacist or doctor.
Or ask one of your carers to find out
more for you

Medication

More information about certain medications can be found in Easy Read format via the below web links

- Donezepil - <https://www.choiceandmedication.org/tees-esk-and-wear-valleys/generate/veradonepeziltabletsuk.pdf>
- Rivastigmine - <https://www.choiceandmedication.org/tees-esk-and-wear-valleys/generate/verarivastigminepatchesuk.pdf>
- Galantamine - <https://www.choiceandmedication.org/tees-esk-and-wear-valleys/generate/veragalantaminemrcapsulesuk.pdf>
- Memantine - <https://www.choiceandmedication.org/tees-esk-and-wear-valleys/generate/veramemantinetabletsuk.pdf>



If you are unhappy about our services...



Please tell a member of staff.



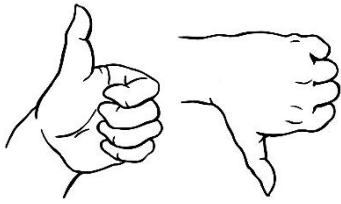
Freephone 0800 052 0219 or



Email tewv.pals@nhs.net.

Feedback

We'd like to know if you thought this information was



- good or bad
- if anything was missing you wanted to know
- if there was anything you didn't understand.

Let a member of your care team know.

Find this information

Staff can find this information at T drive: Patient and Carer Information/Trustwide/Trustwide LD services information

Patients and carers: go to our website www.tewv.uk and search Dementia tablets - easy read