Tees, Esk and Wear Valleys NHS Foundation Trust

# Your rights under the Mental Health Act: Section 36 Remand to hospital treatment

Your name:







Your doctor's name:

Hospital name:

Date you came to hospital

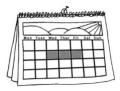
### Why am I in hospital?



The court has said you can be kept here under Section 36 of the Mental Health Act.

Two doctors have told the court that you need to be in hospital so that a report can be made on your mental health.

### How long will I stay in hospital?



This may be up to 28 days starting from the date on which your order was made.



You must not leave during this time unless your doctor says you can.



If you try to go you can be stopped



If you leave you can be brought back.



You might also be arrested by a police officer and taken back to court.

## What happens next?



After advice from your doctor the Court will decide whether you should stay in hospital.

28 days but for no more than 12 weeks.

The court can remand you for another

It can do this without you being in court as long as you have a solicitor to speak on your behalf.

# What treatment will I be given?





Your doctor and nurse will talk to you about any treatment they think you will need.

You may have to take tablets or medicine which will help to make you better.

# Can I appeal?





You can ask the court to look at your case again.

You will need help from a solicitor.

Ask your nurse to help you

#### Help from an independent mental health advocate

You can ask an advocate for help. An advocate is a person not involved in your case who will help you:



- get information
- help you to understand your treatment
- help you tell your doctor or nurse how you are feeling
- talk to other people for you, on the ward or in meetings.



If you would like to speak to an advocate please tell your nurse.

### **Your letters**



You can get letters while you are in hospital.

You can send letters to anyone except someone who has said they do not want to get letters from you.

# How do I complain?





Speak to your nurse who will help you complain to the right person.

You can also write to the Care Quality Commission.



Your nurse will give you a leaflet explaining more.

# If you are unhappy about our services...



Please tell a member of staff.



Freephone 0800 052 0219 or



Email tewv.pals@nhs.net.

### Feedback

We'd like to know if you thought this information was



- good or bad
- if anything was missing you wanted to know
- if there was anything you didn't understand.

Let a member of your care team know.

### Find this information

Staff: Trustwide shared drive > Patient and Carer Information > Trustwide Service users and carers: Go to our website <u>www.tewv.uk</u> and search Mental Health Act.

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