



Public – To be published on the Trust external website

Food Hygiene Policy

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1 Introduction

Good food hygiene practices are essential to ensure people who use our services are protected against the risks of food poisoning.

2 Why we need this policy

The policy sets out what Tees, Esk and Wear Valleys NHS Foundation Trust does to ensure compliance with food hygiene legislation and good practice guidance.

2.1 Purpose

 To ensure the supply, storage and production of food within the Trust complies with legislation and good practice.

2.2 Objectives

This policy aims to:

- Provide direction to all Trust staff on good food hygiene practices
- Ensure a standardised approach to food hygiene is maintained
- Minimise the risk of food poisoning and hazards linked to contaminated food
- Comply with legislation and good practice guidance relating to food

3 Scope

3.1 Who this policy applies to

- All Trust staff including students and volunteers who handle or prepare food whether open (unwrapped) or packaged, this includes beverages
- All outlets providing food for consumption including ad-hoc food events, for example Charity Bake Sales, Coffee Mornings Events etc



3.2 Roles and responsibilities

Role	Responsibility
Chief Executive and Trust Board	Ensuring there are effective arrangements for food handling within the Trust
Director of Estates Capital Planning and Facilities Management	 Ensuring the Trust has robust and effective food hygiene policies and procedures and action is taken upon receipt of Environmental Health Officer reports
Head of Hotel Services	Producing, updating and monitoring food hygiene policies and procedures in accordance with current legislation and good practice guidelines
Head of Catering & Performance and	Ensuring that catering equipment and premises in all areas operated by Trust and contract domestic staff comply with legislation and hygiene standards and are monitored in line with the Trust policies and procedures
Head of Cleaning	Ensuring that all Trust and contract domestic staff comply with the Trust's food hygiene policy and food handling procedures and are up to date with the required training
	Ensuring a programme of monitoring of all Trust catering premises is implemented to assess premises and practices and highlights any that are falling below standard
Managers	In self catering premises ensuring that equipment and premises comply with legislation and hygiene standards are monitored in line with the Trust policies and procedures
	Ensuring that all staff handling food implement the Trust food hygiene policy and food handling procedure and receive the appropriate level of training
	In other premises ensuring that hygiene standards are maintained in food handling areas at ward level including ADL kitchen and that all nursing staff, including students and volunteers, classed as food handlers are up to date with the appropriate level of food hygiene training
Occupational Therapists / Dietetic Staff	In kitchens operated by the Occupational Therapist / Dietetic Staff ensuring equipment and premises comply with legislation and hygiene standards are monitored in line with the Trust policies and procedures and staff have the appropriate level of training
All Staff including students and volunteers	All staff including students and volunteers handling food must comply at all times with the food hygiene policy and the appropriate food hygiene procedure including for ad-hoc and charitable events involving food

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4 Employment of food handlers

4.1 Pre-employment checks

- All food handlers must have a food health check, approved by the Trust's Occupational Health Department
- This applies equally to contractor staff and other temporary or agency staff. The Head of Catering & Performance/Professional Manager must maintain a record that these checks occurred

4.2 On appointment

- All new food handlers must, prior to handling food/beverages, be given a copy of the Food Hygiene Policy and appropriate procedures and sign a declaration that they have received and understood them (Appendix 3), and undergo training to the appropriate level (see 4.3 prior to handling food)
- All staff must be told that if they or if anyone at home suffer from diarrhoea or vomiting, skin rash, boils, skin lesions or any of the other illnesses noted in Appendix 4B they must report this to their Supervisor or Manager
- They must also be requested to sign the agreement to report infection (for Agreement Form and Procedure see Appendix 4A/B)
- Managers must ensure that they have briefed staff on the information in the Allergen Briefing (Appendix 5) and staff have signed to confirm their understanding
- All staff must read and be requested to sign the agreement that they have read and understood the <u>Food Allergen Procedure</u>

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4.3 Training of food handlers

Staff Group	Food Hygiene Training
Head of Hotel Services	Level 4 - Award in Managing Food Safety in Catering
	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Head of Catering & Performance	Level 4 - Award in Managing Food Safety in Catering
	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Head of Cleaning	Level 4 - Award in Managing Food Safety in Catering
	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Facilities Site Manager	Level 4 - Award in Managing Food Safety in Catering
	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Contracting and Performance	Level 4 - Award in Managing Food Safety in Catering
Officer	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Catering Officer	Level 4 - Award in Managing Food Safety in Catering
	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2

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Staff Group	Food Hygiene Training
Hotel Services Supervisor	Level 4 - Award in Managing Food Safety in Catering Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Cooks	Level 3 - Award in Supervising Food Safety in Catering
	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Nursing staff including students	Level 3 - Award in Supervising Food Safety in Catering
and volunteers cooking meals for patients with or without assistance of patients	Level 2 - Award in Food Safety in Catering every 3 years
assistance of patients	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Staff including students and volunteers preparing food for	1 person on duty to have Level 3 - Award in Supervising Food Safety in Catering
purchase in forensic services with or without assistance of patients	Remainder of staff to have Level 2 – Award in Food Safety in Catering
patients	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Catering Assistants	Level 2 - Award in Food Safety in Catering
	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2
Housekeepers	Level 2 - Award in Food Safety in Catering
	Level 2 - Award in Food Safety in Catering every 3 years
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2

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Staff Group	Food Hygiene Training			
Porter/Housekeepers	Level 2 - Award in Food Safety in Catering			
	Level 2 - Award in Food Safety in Catering every 3 years			
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2			
Occupational Therapy	Level 2 - Award in Food Safety in Catering			
staff	Level 2 - Award in Food Safety in Catering every 3 years			
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2			
Nursing staff including students	Level 2 - Award in Food Safety in Catering			
and volunteers supervising patients to prepare food in ADL kitchens	Level 2 - Award in Food Safety in Catering every 3 years			
KILCHEHS	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2			
Dietetic Staff	Level 2 - Award in Food Safety in Catering			
	Level 2 - Award in Food Safety in Catering every 3 years			
	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2			
Nursing staff including students	Internal e-learning every year			
and volunteers who serve food on wards	Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2			
Patients preparing food for consumption by others	Appropriate instruction in food hygiene matters incorporating Allergen Awareness to a level appropriate to the task they are undertaking, and be under supervision from staff qualified to Level 3 - Award in Food Safety in Catering			

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4.4 Dealing with a food hygiene incident or complaint

- Food hygiene incidents or complaints will generally fall into one of four categories :
 - Foreign body contamination eg physical contamination of a meal
 - Unsound food eg food spoilage occurring
 - Suspected food poisoning
 - o Food allergen incidents
- Such incidents or complaints should be dealt with promptly and efficiently. It should be borne in mind that such incidents may not be the result of any action on behalf of the Trust's catering services but may have resulted from the action of a supplier or other food business
- Any food hygiene incidents (including food allergies) MUST be reported via the Trusts incident reporting system and to your line manager and relevant clinical/professional lead

4.4.1 Action to be taken on receipt of a complaint

 It is important to obtain as much accurate information as possible relating to the incident or complaint and report immediately to your line manager and relevant clinical/professional lead and also to the Head of Catering and Performance

5 Ad-hoc food events

This policy applies to ad-hoc food events and charitable events where food is being sold or served.

This includes charitable events such as cake sales, coffee mornings etc

6 Related documents

- Food handling procedure for units operating delivered frozen meals production methods
- Food handling procedure for units operating self-catering production methods
- Food handling procedure for ADL kitchens
- Food allergen procedure

7 References

- Food Safety and Hygiene (England) Regulations 2013
- Food Standards Agency Food Handlers Fitness to Work

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8 How this policy will be implemented

- This policy will be published on the Trust's intranet
- Managers and Heads of Service must ensure that all staff who are food handlers are made aware of the policy and its contents and receive appropriate training

8.1 Training needs analysis

Staff/Professional Type of Training Group		Duration	Frequency of Training	
Please refer to Section 4.3 – Training of food handlers				

9 How the implementation of this policy will be monitored

Auditable Standard/Key Performance Indicators		Frequency/Method/Person Responsible	Where results and any Associate Action Plan will be reported to, implemented and monitored; (this will usually be via the relevant Governance Group)	
Hotel Services Training Matrix		Monthly monitoring by Head of Cleaning	EFM Performance Board on a Quarterly basis	
2				
3				

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10 Document control (external)

To be recorded on the policy register by Policy Coordinator

Date of approval:	07 July 2021				
Next review date:	07 July 2024	07 July 2024			
This document replaces:	Food Hygiene Policy HS-0	016-v2			
This document was approved by:	Name of committee/group	Date			
	IPC	15 June 2021			
This document was ratified by:	Name of committee/group	Date			
	SLG	07 July 2021			
An equality analysis was completed on this document on:	9 April 2021				
Document type	Public				
FOI Clause (Private documents only)	n/a				

Change record

Version	Date	Amendment	Amendment details			
3	07 July 2021	Food Allergen F	Ratified			
3	07 July 2021	Training of foo	Ratified			
		Dietetic Staff	Level 2 - Award in Food Safety in Catering every 3 years Refresher - Internal e-learning of Food Hygiene Training Course incorporating Allergen Awareness Training annually excluding year completing Level 2			

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Appendix 1 – Equality Analysis Screening Form

Please note: The Equality Analysis Policy and Equality Analysis Guidance can be found on the policy pages of the intranet

Name of Service area, Directorate/Department i.e. substance misuse, corporate, finance etc.							
Policy (document/service) name	Food Hygiene Poli	Food Hygiene Policy					
Is the area being assessed a	Policy/Strategy	Policy/Strategy ✓ Service/Business plan Project					
	Procedure/Guidance			Code of practice			
	Other – Please state						
Geographical area covered	Trust wide						
Aims and objectives	Ensure compliance with food hygiene legislation and good practice guidance			nd good practice guidance			
Start date of Equality Analysis Screening (This is the date you are asked to write or review the document/service etc.)	April 2021						
End date of Equality Analysis Screening (This is when you have completed the equality analysis and it is ready to go to EMT to be approved)	April 2021						

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You must contact the EDHR team if you identify a negative impact. Please ring the Equality and Diversity Team on 0191 3336267/3046

1.	Who does the Policy,	Service,	Function,	Strategy,	Code of practice	, Guidance,	, Project or	Business plan be	enefit?
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Service Users, Staff, Visitors / Members of the Public

2. Will the Policy, Service, Function, Strategy, Code of practice, Guidance, Project or Business plan impact negatively on any of the protected characteristic groups below?

Race (including Gypsy and Traveller)	Yes /No	Disability (includes physical, learning, mental health, sensory and medical disabilities)	Yes /No	Sex (Men, women and gender neutral etc.)	Yes /No
Gender reassignment (Transgender and gender identity)	Yes /No	Sexual Orientation (Lesbian, Gay, Bisexual and Heterosexual etc.)	Yes /No	Age (includes, young people, older people – people of all ages)	Yes /No
Religion or Belief (includes faith groups, atheism and philosophical belief's)	Yes /No	Pregnancy and Maternity (includes pregnancy, women who are breastfeeding and women on maternity leave)	Yes /No	Marriage and Civil Partnership (includes opposite and same sex couples who are married or civil partners)	Yes /No

Yes - Please describe anticipated negative impact/s

No – Please describe any positive impacts/s

The implementation of this policy and associated procedures will ensure the trust comply with the legal obligation to ensure safe food handling and to supply information to consumers on the allergens that are found in the food we provide. This includes all food outlets in addition to our inpatient services.

Requests relating to cultural or religious requirements by service users on inpatient wards will be managed at ward level by clinical staff. Hotel Services will always attempt to meet the requests of services users.

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3. Have you considered other sources of information such as; legislation, codes of practice, best practice, nice guidelines, CQC reports or feedback etc.? If 'No', why not?				✓	No	
 Feedback from equality bodies, Care Quality Commission, Equality and Human Rights Commission, etc. Investigation findings Trust Strategic Direction Data collection/analysis National Guidance/Reports Staff grievances Media Community Consultation/Consultation Groups Internal Consultation Research Other (Please state below) 						
4. Have you engaged or consulted with service users, carers, staff and other stakeholders including people from the following protected groups?: Race, Disability, Sex, Gender reassignment (Trans), Sexual Orientation (LGB), Religion or Belief, Age, Pregnancy and Maternity or Marriage and Civil Partnership						
Yes – Please describe the engagement and involvement that has taken place						
The policy and associated procedures have been developed with support from Dietitians. The policy will be circulated for trust wide consultation for a period of 6 weeks						
No – Please describe future plans that you may have to engage and involve people from different groups						
N/A						

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5. As part of this equality analysis have any training needs/service needs been identified?						
Yes/ No	Please describe the identified training needs/service needs below					
	Food Allergen Awareness Training / Toolkit					
A training need has been identified for;						
Trust staf	ff	Yes/ No	Service users	Yes/ No	Contractors or other outside agencies	Yes/ No
Make sure that you have checked the information and that you are comfortable that additional evidence can provided if you are required to do so						
If you need further advice or information on equality analysis, the EDHR team host surgeries to support you in this process, to book on and find out more please call: 0191 3336267/3046						

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Appendix 2 – Approval checklist

To be completed by lead and attached to any document which guides practice when submitted to the appropriate committee/group for consideration and approval.

	Title of document being reviewed:	Yes/No/Not applicable	Comments
1.	Title		
	Is the title clear and unambiguous?	YES	
	Is it clear whether the document is a guideline, policy, protocol or standard?	YES	
2.	Rationale		
	Are reasons for development of the document stated?	YES	
3.	Development Process		
	Are people involved in the development identified?	YES	
	Has relevant expertise been sought/used?	YES	
	Is there evidence of consultation with stakeholders and users?	YES	DIETITIAN LEAD AND CONSULTATION – 6 WEEKS
	Have any related documents or documents that are impacted by this change been identified and updated?	YES	PROCEDURES
4.	Content		
	Is the objective of the document clear?	YES	
	Is the target population clear and unambiguous?	YES	
	Are the intended outcomes described?	YES	
	Are the statements clear and unambiguous?	YES	
5.	Evidence Base		
	Is the type of evidence to support the document identified explicitly?	YES	PROCEDURES
	Are key references cited?	YES	
	Are supporting documents referenced?	YES	
6.	Training		
	Have training needs been considered?	YES	
	Are training needs included in the document?	YES	

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7.	Implementation and monitoring		
	Does the document identify how it will be implemented and monitored?	YES	FOR HOTEL SERVICES
8.	Equality analysis		
	Has an equality analysis been completed for the document?	YES	
	Have Equality and Diversity reviewed and approved the equality analysis?	YES	April 2021
9.	Approval		
	Does the document identify which committee/group will approve it?	YES	INFECTION, PREVENTION CONTROL AND SLG (RATIFICATION)
10.	Publication		
	Has the policy been reviewed for harm?	YES	
	Does the document identify whether it is private or public?	YES	
	If private, does the document identify which clause of the Freedom of Information Act 2000 applies?	N/A	

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Appendix 3 – Declaration form

I have read and had explained to me and confirm I understand the Trust's Food Hygiene Policy and Procedures :

- Food handling procedure for units operating delivered frozen meals production methods
- Food handling procedure for units operating self-catering production methods
- Food handling procedure for ADL kitchens
- Food allergen procedure

Signed :
Dated :
Name in Full :
Manager / Supervisor Signature :
Manager / Supervisor Name in Full :

(This form is to be photocopied by the Ward / Department)

Duplicate copy to be retained by the employee and a copy placed in the personal file

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Appendix 4A – Procedure for dealing with food handling

STAFF REPORTING ILLNESS

- On appointment and prior to carrying out food handling tasks, the requirements and systems to report illness as noted overleaf should be explained to all members of staff including students and volunteers, required to handle food or beverages
- The form at Appendix 4B should be signed by the member of staff including students and volunteers and counter signed by the Line Manager to confirm they have understood the requirement to report illness
- On receipt of a report of illness, the Line Manager must ring the Trust's Occupational Health Department for guidance
- If the Occupational Health Department cannot be contacted the member of staff should be referred to their own GP
- Until guidance is received from Occupational Health or the GP, the member of staff should not be allowed to handle food or beverages

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Appendix 4B – Food handlers agreement to report illness

I agree to report to my immediate Line Manager prior to commencing work and by telephone if necessary.

- 1. If I am suffering from Gastro-enteritis (diarrhoea and/or vomiting)
- 2. If I have infected lesions of the skin, eyes or mouth
- 3. If I have a scaling, weeping or discharging lesion or boils on an exposed part of my skin (face, neck, hands, arms or scalp) which cannot be covered adequately
- 4. If I have a weeping or pustule lesion of the eyes, ears, mouth and/or gums
- 5. If anyone at home is suffering from diarrhoea or vomiting
- 6. If any of your family suffered gastro-intestinal illness whilst abroad.
- 7. Food handlers should be aware that there are illnesses that are prevalent in other countries that are not common in the U.K. If they fall ill after being abroad they should seek medical advice.

I have had explained to me, and confirm that I understand, the requirements to report illness to my line manager.

Signed:	Date:	
Name in full:		
Line Manager Signature:		
Line Manager Name in Full :		

(This form is to be photocopied by the wards/units)

Duplicate copy to be retained by the employee and a copy placed in the personal file



Appendix 5 – Allergen Briefing Form

(All staff including students and volunteers engaging in food related activity must be briefed and confirm understanding before preparing and serving food)

Locality	
Service	
Line Manager name	

Allergen brief -

- 1. Confirm to the staff including students and volunteers where the **Allergen Folder** is located (ensure it is ALWAYS accessible)
- 2. Confirm the Food Intolerance Posters are displayed
- 3. Confirm the staff member including students and volunteers has read the **Food Allergen Procedure** and **Allergen Awareness Staff Briefing** within the procedure (Appendix 5) **a**nd understands the process of using the **Allergen Matrix** (this should be held within the Allergen folder)
- 4. Clarify with the staff including students and volunteers that if an individual asks about allergens, the **Allergen Matrix** must be consulted and shared with them, confirming whether or not said product contains that allergen
- 5. Clarify that all staff including students and volunteers should ask their line manager if they are unsure and if any uncertainty remains the individual should be recommended not to consume the product in question

Staff members full name	Staff members signature to confirm understanding	Line Managers full name	Line Managers signature to confirm above brief to staff member	Date

Please retain in the Allergen Folder

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