

# Your rights under the Mental Health Act: Section 3

## Admission to hospital for treatment

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Information for service users, families, carers and supporters



Your name:



Your doctor's name:



Hospital name:



Date you came to hospital

## Why am I in hospital?

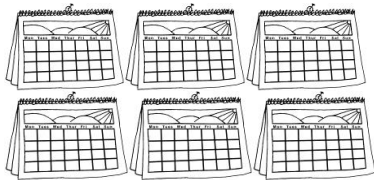


You are being kept in hospital under Section 3 of the Mental Health Act.



This means 2 doctors think you need special care, in hospital to make you feel better.

## How long will I stay in hospital?



You will be kept in hospital for up to 6 months.



You must not leave during this time unless your doctor says you can.

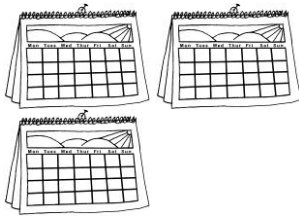


If you try to go you can be stopped.



If you leave you can be brought back.

## What treatment will I be given?



The doctors may give you treatment; they can give you treatment even if you don't want them to for three months.

After three months they may get another doctor to see you.



You may have to take tablets or medicine which will help to make you better.



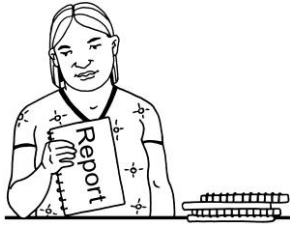
Your doctor and nurse will talk to you about any treatment they think you will need.

## Can I appeal?

You can ask the hospital managers to let you leave.



Your nurse will help you do this.



The hospital managers will read reports written by your doctor, social worker and nurse.

They will speak with you.



You can ask someone to go to the meeting with you.



This could be a:

- solicitor
- family member
- friend
- advocate



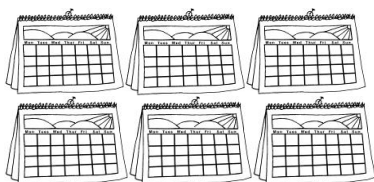
Your nearest relative can also write to the Hospital Managers to say they want you to be allowed to leave hospital.



Your nurse can give your relative more information about this.



You can also ask the tribunal to let you leave the hospital



You can ask this once in the first six months you are in hospital.



Your nurse will help you do this.

## What is a tribunal?

The tribunal is made up of three people who do not work for the hospital.



The tribunal will have a meeting with you and the staff who know you.



Before the meeting the members of the tribunal will read reports written by your doctor, social worker and nurse.



The tribunal doctor will talk to you.



You can ask someone to go to the meeting with you.



This could be a:

- solicitor
- family member
- friend
- advocate.

## Help from an independent mental health advocate

You can ask an advocate for help. An advocate is a person not involved in your case who will help you:



- get information
- help you to understand your treatment
- help you tell your doctor or nurse how you are feeling
- talk to other people for you, on the Ward or in meetings



If you would like to speak to an advocate please tell your nurse.

## Letting your nearest relative know



A copy of this leaflet will be given to the person the Mental Health Act says is your nearest relative.

Their name :

## Your letters



You can get letters while you are in hospital.

You can send letters to anyone except someone who has said they do not want to get letters from you.

## How do I complain?



Speak to your nurse who will help you complain to the right person.



You can also write to the Care Quality Commission.



Your nurse will give you a leaflet explaining more.

## If you are unhappy about our services...



Please tell a member of staff.



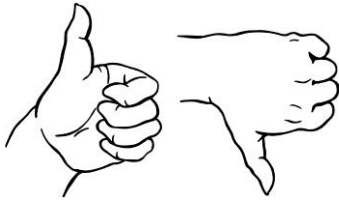
**Freephone** 0800 052 0219 or



**Email** [tewv.pals@nhs.net](mailto:tewv.pals@nhs.net).

## Feedback

We'd like to know if you thought this information was



- good or bad
- if anything was missing you wanted to know
- if there was anything you didn't understand.



You can tell us by email.

[tewv.communications@nhs.net](mailto:tewv.communications@nhs.net)

**Please do not use these contact details to contact us about your care, instead use the contact details given to you by your care team.**

**Staff can find this information at:**

T:\Patient and Carer Information\Trustwide

**Service users and carers can also view this information on our website:**

[www.tewv.nhs.uk](http://www.tewv.nhs.uk) > About us > How we do it > Mental health act