

Meet Your Governors

making a

difference

together

DARLINGTON GOVERNORS

NAME	PERSONAL INFORMATION
<p>Audrey Lax</p> 	<p>Since my retirement from Royal Mail some years ago I have actively been involved with TEWV (Tees Esk and Wear Valleys) Foundation Trust in numerous ways. Firstly, by attending MHSSO (Mental Health Services for Older People) and Essential Standards meetings which I always find informative. I have taken part in PLACE (Patient Led Assessment of the Controlled Environment) and Peer Review inspections. I am committed to ensuring the patient voice is heard.</p> <p>As Chair of GOLD (Growing Older Living in Darlington) I ensure any information which is not confidential from these meetings is fed back to our Health Group. In turn the Health Group members cascade any relevant information to their own particular groups. This helps our members to understand the workings and sometimes complexities of activities the Trust is carrying out.</p> <p>Health for older people is a priority for me and I am a member of Healthwatch Darlington and also belong to my doctor's practice PPG (Patient Participation Group). As a member of the Darlington Community Council you can see I actively take part in networking.</p> <p>The Trust's AGM (Annual General Meeting) last year was very interesting and the amount of information stalls gave a wide variety of the scope of activity the Trust covers. I take my role as Governor seriously and will be actively involved for the Trust and ensure Trust members in Darlington are represented.</p>

making a
difference
together

DARLINGTON GOVERNORS

NAME	PERSONAL INFORMATION
<p>Joan Kirkbride</p> 	<p>I worked in the NHS for 38 years taking early retirement in 2017. I have worked in a number of NHS organisations which have had responsibility for mental health and learning disability services over these years. My final role in the NHS was as Director of Operations for the Health Research Authority, as a member of the Board, with specific accountability for Research Ethics Committees across England and responsibility for a large volunteer membership. I am very passionate about the benefits of clinical research.</p> <p>I have a number of friends and family who have previously and currently access the services of the Trust and experience of caring for people with mental health issues. I am looking forward to working with my fellow governors, staff and service users of the Trust to find out more about its work. I want to assist the Trust in helping to improve its services and to provide high quality service to people who use the service and their carers.</p> <p>I have taken time to think about what I want to do in my retirement and this is my first volunteer role which I have chosen because I am genuinely interested in the work of the TEWV NHS Foundation Trust.</p>

making a

difference

together

MIDDLESBROUGH GOVERNORS

NAME	PERSONAL INFORMATION
<p>Mary Booth</p> 	<p>My name is Mary Booth and I am a recently retired TEWV Occupational Therapist with over 30 years' experience gained at all levels from junior therapist to senior professional manager in the NHS mainly in Mental Health and Learning Disability services.</p> <p>I am passionate about the continued provision of excellent mental health and learning disability services and I am dedicated to supporting this as a public governor. I am especially interested in ensuring that the services provided enable service users in their recovery; by this I mean recovery focused services which support the service user's hopes and aspirations to live a meaningful life with or without the presence of mental ill health symptoms. Reducing stigma and ensuring service users are fully involved in the development of services is essential in a recovery focused service. I have a personal understanding of the importance of this because of the experience of family members.</p> <p>I have previous experience of being a school governor and have worked in a voluntary capacity for Woman's Aid in the past. Currently my voluntary work is with a local advocacy charity. I remain involved in my professional body and have been awarded the honour of being made a Fellow of the Royal College of Occupational Therapists.</p> <p>I welcome the opportunity to use my skills and past experience to support the work of the Trust as a governor. As a governor I will represent the interests of the Middlesbrough members and service users, making myself available at all local members' meetings to gain their views.</p>

making a

difference

together

NAME	PERSONAL INFORMATION
<p>Marie Cunningham</p> 	<p>I am a 64 year old mother and grandmother living in Middlesbrough where I was born. I'm passionate about the town and the people, with a focus and drive in helping and supporting people with their mental health and wellbeing.</p> <p>I have experience in the mental health field, having both experienced mental health problems personally and in supporting others. I have as a carer for my adult son, experienced first-hand the need for more services to be made available for those most vulnerable.</p> <p>Sadly, for me and my family my son lost his battle, leaving a hole that can never be filled. I am now more than EVER determined to drive forward the need for support within our community for those affected by mental health issues.</p> <p>I've always wanted to be part of the solution, not the problem and that's why I founded 'Inward Bound' a community well-being organisation in Middlesbrough. I enjoy seeing people change the way they think and live, in a supportive, non-judgmental environment.</p> <p>Since losing my son, I've had to embrace much of what I teach and have also worked closely with TEWV to make the changes needed. I have seen TEWV passion to make things better and I would like to work with them to enhance the work already in place.</p> <p>As a governor I WILL take on this role with passion AND compassion.</p>

making a difference together

SCARBOROUGH AND RYEDALE GOVERNORS

NAME	PERSONAL INFORMATION
<p>Judith Webster</p> 	<p>In 2011 I was fortunate to be elected as a local governor of the Tees, Esk and Wear Valleys NHS Foundation Trust. My election promise was to widen my existing contribution to the Trust and to pursue other opportunities that could influence the planning and delivery of effective healthcare services.</p> <p>Being a governor has allowed me that voice of influence, not only in the improvement of service delivery but more especially in support of the carers and families who struggle, as I did, with the challenges of caring for someone suffering from mental health issues.</p> <p>Prior to my election I was already volunteering much of my time to various groups and committees but the platform of governorship has allowed me to do more. For example, I have spoken at one of David Cameron's Dementia Conferences and I regularly give talks to mental health trainee nurses and doctors about recognising the practical aspects of healthcare delivery. I sit on the Dementia, Neurodegenerative Diseases Research Network in London and the North East and the National Institute for Health Research. I am also involved in 'Supporting Excellence in End of Life Care in Dementia' and have been elected as a Carer Representative at the Royal College of Psychiatry.</p> <p>It is at these levels that the voice of a governor can be heard and what the journey of contribution towards local change is all about. My journey is not over yet, there is so much more to do.</p> <p>Please get in touch if you have something to say. I can be contacted by calling the Trust Secretary's Office on 01325 552314 or emailing them at tewv.ftmembership@nhs.net and they will pass on your details to me.</p>

making a

difference

together

SCARBOROUGH AND RYEDALE GOVERNORS

NAME	PERSONAL INFORMATION
Keith Marsden	
	<ul style="list-style-type: none"> • Qualified Journalist • Public Relations/Media • Furniture retail business owner • Experiences recurring periods of mental ill health • Member of Trust's Expert by Experience group • Served as Chair and Trustee of Scarborough Survivors, user-led mental health charity • Treasurer and Management Board member of North Yorkshire LINK (Local Involvement Network, fore-runner of Healthwatch) • Company Director and Trustee of Together for Mental Wellbeing (national mental health charity, noted for high levels of service user involvement and leadership) • Now in fourth term as elected TEWV Public Governor

NAME	PERSONAL INFORMATION
Vacant	

making a

difference

together

REDCAR & CLEVELAND GOVERNORS

NAME	PERSONAL INFORMATION
<p>Mark Carter</p> 	<p>Having had an excellent care programme given to me as a service user. This was delivered to me in my time as a service user by Redcar Psychosis Team. Looking back and at the time it was delivered by some great trust staff who I came into contact with. I would say the care given exceeded my expectations simply because at the time I never imagined I would get back to being the same person I was before my illness. In my own words they helped put me back together again.</p> <p>So why did I want to be a governor?</p> <p>A - At the very least to help maintain those care standards B - To look to improve those care standards if possible</p> <p>To maintain is to standstill. To improve is to move forward. So B should be the main target to aim for. Equally I would like to act as a voice of others who might have issues, be it negative or positive, towards care received from the Trust and take that to the Board.</p> <p>Through my ongoing Involvement Work with the trust I've carried out and enjoyed sitting alongside Trust Staff and Directors on interview panels and other events.</p> <p>Taken part in many PLACE assessment inspections at trust sites.</p> <p>Passed a 3 day governance process Kaizen programme for Service User Involvement.</p> <p>Given a stand up talk to 80 student nurses about my lived experience of services</p> <p>I'm now a peer support worker for Trust Health and Wellbeing groups in Redcar.</p>



REDCAR & CLEVELAND GOVERNORS

NAME	PERSONAL INFORMATION
Alan Williams	
Awaiting Photograph	Awaiting Information

making a

difference

together

STOCKTON-ON-TEES GOVERNORS

NAME	PERSONAL INFORMATION
<p>Gary Emerson</p>	
	<p>I have been involved in the management and delivery of mental health and dementia services within the voluntary sector for more than 25 years. I was previously the Northern Region Development Officer for the Alzheimer's Society and am currently the Chief Executive of a Local Association of the mental health charity, Mind. I live in the Stockton Constituency and work with people with mental health issues throughout the North East of England. Our charity provides a range of services and projects including specialist housing, day services, ICT training, dementia day care, counselling, an Anger Management Service and a Rapid Response Suicide Prevention Service. We support more than 700 people with mental health issues each year and as CEO I have overall responsibility for ensuring the charity is properly resourced and provides high quality services which are delivered by well trained staff.</p> <p>I want to focus my work as a governor at TEWV NHS Foundation Trust on the needs of people who use the Trust's services, its interaction with the voluntary sector and ensuring that the user's and carers voice is heard loud and clear.</p> <p>I want to ensure that TEWV provides the highest quality of care and that it strives for excellence in all areas of its work, particularly in these times of austerity.</p>

NAME	PERSONAL INFORMATION
<p>Mark Eltringham</p>	
	<p>I'm a former service user, volunteer, 'involved' patient, agency worker and employee of the Trust. As such I have had a vast experience of the trust at all levels of the Trust. I'm passionate about service improvement and service development. As somebody who has seen treatment services from both sides of the desk I'm a genuine advocate of service user involvement and the move towards co-production. I'm also interested in the political context in which services operate and how we enable them to function effectively and efficiently. I'll be a vigorous, engaged, approachable and visible governor</p>



STOCKTON-ON-TEES GOVERNORS

NAME	PERSONAL INFORMATION
<p>Gillian Restall</p> 	<p>I have had experience of mental illness as a service user and by volunteering. I firmly believe in listening to the views of service users and carers to make positive changes and aid recovery. I think my personal qualities, coupled with first-hand experience of service user's expectations and needs etc. provide me with skills to represent others in an effective way.</p> <p>I have been a parent governor and co-opted one at a primary and secondary school and taught 300 children cycling proficiency skills. I initiated and organised a patient participation group at my medical centre.</p> <p>I'm an information volunteer for Healthwatch. Recently I received recognition of personal achievement award from Mind and, as a result of the Borough Council's survey re over 50's and loneliness; I set up a group with church support called Young at Heart. The group meets every Monday at Glebe Community Centre in Norton and we speak about diverse topics, particularly focussing on mental ill health and Carer's needs. Recently I received an award, Volunteer of the Year, from the Catalyst Chronicle Stockton-on-Tees. The award was sponsored by Hartlepool and Stockton CCG.</p> <p>My involvement with the Trust:</p> <ul style="list-style-type: none"> • Feedback to medical students • Substance Misuse • Leadership Course • Hospital Assessments • Patient Experience Team • Research into Mental Illness Group <p>My personal qualities lend themselves to the role of governor. I am approachable, with a high degree of empathy and integrity. I recognise the responsibility of the post and feel confident in my ability to meet the needs of service users with a holistic approach to support, motivate and improve recovery.</p>

making a

difference

together

DURHAM GOVERNORS

NAME	PERSONAL INFORMATION
Sarah Talbot-Landon	
	<p>I have been greatly privileged to be a Governor for the Trust. In this time, I have demonstrated key credentials such as empathy, compassion and the ability to listen. I highly value the voices of every service-user/carer and member of the public.</p> <p>In my pursuit to create positive change, I have ensured that the TEWV leadership are held accountable for keeping safe and valuing service-users by:</p> <ol style="list-style-type: none"> 1. Requesting that all risk assessed in-patients across the trust be given their own room key. This empowers patients and aids recovery. 2. Passionately promoting openness and transparency with regard to the management of untoward deaths/serious injury. 3. Having conversations with the board to ensure patients feel safe. 4. Co-producing a child-friendly suite for families to visit West Park Hospital. 5. Co-producing a full renovation of the Goodall outpatient centre, to create a welcoming and safe atmosphere. 6. Recruiting staff with the integral values that count. <p>I served 11yrs in the Prison Service as a Senior Psychologist, medically retiring in 2010 when I suffered a breakdown. I battle everyday with severe Bipolar and have regularly spent time as an in-patient.</p> <p>I live through trauma everyday therefore I understand the pain and suffering experienced by trust users. My professional outlook enables me to seek positive assurances from the board.</p> <p>I am determined to live the best life I am able to and am driven to make a difference by positively and passionately advocating improvements throughout TEWV.</p>

making a

difference

together

DURHAM GOVERNORS

NAME	PERSONAL INFORMATION
<p>Clifford Allison</p> 	<p>My name is Clifford James Allison, (“Cliff”), and I am well into my second term as a Public Governor for Durham.</p> <p>My background is in nursing, (RMN, RNLD (semi-retired)), I return to my roots as often as possible by assisting with Lanchester Road Hospital's garden project. And although I am interested in all aspects of both fields, my main professional interests are in Learning Disabilities, Autism, Dementia, and Adult Mental Health. I am also a complementary therapist and a qualified Reiki Master.</p> <p>I have spent most of the last 50+ years trying to improve the lot of people with all sorts of disabilities in the NHS, Social Care and the Private Sector, and I am currently the learning disability representative for the DDES CCG.</p> <p>I also attend and contribute to Durham C.C. SAF and other events, The North and Cumbria Learning Disability Network, as well as advising Durham Police's Disability Independent Action Group.</p> <p>In addition, I am a founder member and vice-chair of Community Hands, an organisation assisting victims of hate crime.</p> <p>Living in Baldersdale and having a small hill farm there means that I have a network of farming and other friends which gives me an understanding of the needs and problems experienced by them and the rest of the rural community.</p> <p>I have enjoyed my term as a governor and am assured that I have, in that capacity made a difference. I feel that I have served my constituents, service-users and TEWV well and will use my previous experience to the benefit of all.</p>

making a

difference

together

DURHAM GOVERNORS

NAME	PERSONAL INFORMATION
Sandra Grundy	
	<p>I applied for a Governor post within Tees, Esk and Wear Valley Foundation Trust because I feel I have a lot to give to people within my area on Mental Health Issues.</p> <p>I am a 66 year old retired NHS worker within the above Trust for around 18 years at Derwent Clinic, Shotley Bridge Hospital. I started in reception in 1995 and helped cover Adult Mental Health and MHSOP and learning all aspects of the post. In 2002 I applied for Medical Secretary post and was successful and worked for Consultant, Staff Grade, Junior Doctors for 10 years again learning as I went on. I thoroughly enjoyed working within Mental Health Services and took semi-retirement and went back to work within CPN department. I feel I have worked in a team environment and if I was successful in gaining a post as Governor I will give 100% to help.</p>

NAME	PERSONAL INFORMATION
Jacci McNulty	
<p>Awaiting Photograph</p>	<p>Awaiting Information</p>

NAME	PERSONAL INFORMATION
Anthony Heslop	
	<p>Awaiting information</p>

making a difference together

DURHAM GOVERNORS

NAME	PERSONAL INFORMATION
<p data-bbox="188 383 387 418">James Creer</p> 	<p data-bbox="467 456 1386 748">I am a Psychology Graduate from Durham University and a Crisis Counsellor supporting individuals facing a range of issues including depression and suicidality. I strive to be a Governor to ensure the Trust recognises and acts on the mental health crisis facing all in our society. Whilst I would particularly advocate innovative work in mental health, I would approach all issues with passion, collaboration, and critical analysis to make sure the best possible service is being delivered for our community.</p> <p data-bbox="467 786 735 822">What Can I Bring?</p> <ul data-bbox="517 826 1393 1055" style="list-style-type: none"> • A fresh perspective and approach • Critical analysis for accountability and scrutiny • An understanding of challenges and barriers facing young people • Knowledge and experience of mental health issues • Trustee experience from Durham Student's Union <p data-bbox="467 1093 1393 1308">Mental Health issues, I think, are the biggest societal challenge we face so I'm striving to ensure processes undertaken and support offered is efficient and impactful. This issue affects us all and can be implicated into additional health problems so by tackling this efficiently, we can better meet the needs and demands of the NHS.</p> <p data-bbox="467 1312 1386 1494">Being a new member to the Trust I am determined to use my passion, perspective, knowledge and experience to help our community, no matter what challenge they face. So please, vote for James Creer as one of your Governors and let's support our beloved service to meet the challenges of our society.</p>

making a

difference

together

DURHAM GOVERNORS

NAME	PERSONAL INFORMATION
Mac Williams JP	
	<p>I was born in Seaham Harbour and now live in Sunderland Bridge, Durham with my partner Pauline. I began my employment with the N.C.B Dawdon and later entered local government and retired as Principal Safety Officer. Further education includes Mining, Business Studies, Law and Health & Safety.</p> <p>My experience in local government and as a County Councillor (2006-16) has allowed me to be Chairman of Council, Chair HR Standards and a member of the Scrutiny Committee. Debates included obesity, heart disease/smoking, ambulance services, dementia linked with risk assessment. I donated funding from my neighbourhood budget to Health Express which supports the public within the County. Working with local authorities, bringing together a partnership(s) of health professionals, adult social care, Colour Your Life Service funded by County Council Public Health. This is open to GP referrals, health care professionals and community organisations.</p> <p>Since being appointed I have membership on the Involvement and Engagement Committee and Council of Governors Nomination and Remuneration Committee, I am the Governor representative on the Trust's Equality, Diversity and Human Rights Group and take part in PLACE inspections.</p>

making a

difference

together

DURHAM GOVERNORS

NAME	PERSONAL INFORMATION
<p>Graham Robinson</p> 	<p>It is now one year since I retired. Well before my retirement I decided that I would relish giving something back to society and the NHS was where I set my sights.</p> <p>This is the 70th year of this wonderful organisation which has given so much help to both my family and myself. This is my opportunity to repay that assistance and importantly, give something back.</p> <p>I am a retired sports journalist, though for the latter years of my working career I was employed as Communications Manager with Sedgefield Borough Council and then Durham County Council following local government reorganisation in 2009. Married for 44 years, we have 38 year old twins and five grandchildren.</p> <p>The last 12 months have turned out to be something of a whirlwind. I had no pre-conceived expectations of what was expected, which I found encouraging. It in effect gave me a blank canvas to learn as many aspects as possible of the Governor's brief.</p> <p>I've attended countless meetings over the year as both interest and fact gathering exercises and I have gauged the differing roles of Executives, Non-Executives and Governors.</p> <p>I was voted on to the Quality Assurance Task Group and have shown a keen interest in crisis housing issues.</p> <p>I am more than happy to get involved in what is required. My goal is to help and assist in these times of great austerity where severe financial pressures are heavily placed on Health and Care providers. Fortunately the Prime Minister has recently announced future increased final backing to the service which augurs well for the future.</p> <p>My hope is to bring my skills and understanding to assist the Trust and the community of County Durham.</p>

making a

difference

together

HARTLEPOOL GOVERNORS

NAME	PERSONAL INFORMATION
Zoe Sherry	
	<p>I have a history of working in health, social care, youth, and voluntary work.</p> <p>Since retiring I have been a member of Hartlepool LINK/ Healthwatch and at present am on the executive committee and the mental health representative.</p> <p>I am chair of Hartlepool Mental Health Forum, which is an open forum for professionals, organisations, and general public. I arrange appropriate speakers to keep up to date with new developments in services and legislation relating to mental health.</p> <p>My role in Healthwatch involves social care reviews, and Enter & View visits to Mental Health and EMI establishments and hospital wards and supporting the people of Hartlepool. I have also met with TEWV staff to promote and discuss the Mental Health services and service changes in Hartlepool and across the Trust</p> <p>I feel that the Mental Health Services are often side-lined and that both staff and patients need understanding and support to maintain and promote appropriate standards and funding of services.</p> <p>I have found my time as a governor informative and enjoyable; I have been able to use this forum as a two way process of information and learning. I am looking forward to continuing in my role as governor.</p>

NAME	PERSONAL INFORMATION
Vacant	



HAMBLETON AND RICHMONDSHIRE GOVERNORS

NAME	PERSONAL INFORMATION
Stanley Stevenson	
	<p>I have extensive knowledge of mental health as I am a service user and have been into mental health at various times in my life.</p> <p>I have served on various committees over the last 3 years within TEWV very successfully. I have knowledge of finance, HR and IT services which I can readily advise on.</p> <p>I was Managing Director of several companies in IT and Training. The Companies operated on a world-wide basis and ongoing when I retired. I can bring all my expertise to the role of Governor.</p>

NAME	PERSONAL INFORMATION
Vacant	

making a

difference

together

HARROGATE AND WETHERBY GOVERNORS

NAME	PERSONAL INFORMATION
<p data-bbox="188 349 411 383">Hazel Griffiths</p> 	<p data-bbox="467 421 1394 1151">I am a carer for a relative who has severe depression and my son who has Autism. I am a retired ED nurse. I have been a public governor for three years and I am passionate about the physical and mental wellbeing of service users and family carers, As a Governor I am actively involved in promoting co production within the trust, parity of esteem and positive behaviour support. Force reduction where we use less physical restraint within the trust. Autism Strategy framework, STOMP and part of Harrogate and Rural District transforms steering group and Communications and Engagement working group to help plan a 12 week period of engagement to ensure service user and carers voices are at the heart of developing community mental health services for adults and older people. My vision is to see services delivered locally, a community model of care for individuals with Autism, Learning Disabilities and Mental health. I want to ensure that nurses are given the skills, support and necessary tools to deliver sincere, kind, compassionate and therapeutic care. I campaign constantly to raise awareness around the valuable role family carers play in the care of their loved ones.</p> <p data-bbox="467 1193 1394 1955">In the trust I am actively involved in many focus groups, events and inspections. I am passionate about the continued provision of excellent mental health services, prevention, reducing isolation and loneliness, which can often lead people into crisis and I am dedicated to supporting this as a public governor. I am especially interested in ensuring that all services work and communicate together to ensure service users and carers receive the care they deserve in often times of great distress, at their lowest point in life, loss of hope and come to our services for safe, quality care and experiences, through a trauma focused, recovery, therapeutic way, which support the service user and carers to lead a meaningful life. In the community, I am involved in many mental health groups, carer groups and listen to the good and not so good experiences. I am part of the National Autistic Society Harrogate branch and help raise awareness around autism within the community through arranging an annual conference and providing information and advice to parents and professionals. Nationally, I have been involved and contributed with projects run by Department of Health around the Mental Health Act and NHS England Mental Health Taskforce.</p>

making a

difference

together

HARROGATE AND WETHERBY GOVERNORS

NAME	PERSONAL INFORMATION
Chris Gibson	
	<p>I have lived in the Wetherby area for 23 years and, like most people, I am an occasional recipient of NHS care.</p> <p>I feel the universal provision of health care is a unique and valued privilege to which ordinary people can, and perhaps should, take an active part when the opportunity arises, thus becoming a giver and not just a taker.</p>

NAME	PERSONAL INFORMATION
Vacant	



YORK GOVERNORS

NAME	PERSONAL INFORMATION
Christine Hodgson	
	<p>My involvement with mental has been through being a carer for my son with complex needs. I would like to use my experience and skill to support carer's and their families to improve and challenge the service. I know the struggles families experience and having the right support is crucial. Also having a sister with Autism and Learning Disabilities. I have a lot of experience to bring to the trust. I have a passion to improve the services and support for Autism and Adhd and bring more skill into these areas. I have worked supporting special needs children for over 22 years and I am now a volunteer for Healthwatch listening to people talk about Health and Social Care. Also I do enter and view and place visits. I am a passionate and approachable person who listens and is a voice for the people.</p>

NAME	PERSONAL INFORMATION
Professor Tom McGuffog MBE	
<p>Awaiting Photograph</p>	<p>I have been actively involved in mental health services for 15 years. I have served on mental health appeal panels for several trusts including York and The Retreat. I worked as an executive director for Rowntree and Nestle and as a non-executive director for the NHS in York and London and for MOD Procurement and Logistics. I was Head of the UK delegation to the United Nations for trade facilitation and electronic business. I have written books on Value and its management and have been Visiting Professor at universities including Glasgow. I am on the Executive Committee of York Older People's Assembly and on the Audit Committee of the Joseph Rowntree Foundation and Housing Trust. I help to support a number of people with health, legal and financial concerns. I am very aware of the interaction between physical, mental and practical support problems, and I wish to encourage developments in these areas.</p>

making a
difference
together

YORK GOVERNORS

NAME	PERSONAL INFORMATION
<p data-bbox="188 389 413 423">Stella Davison</p> 	<p data-bbox="467 465 1386 719">My name is Stella Davison. I live in York and am a retired Psychiatric Nurse. During my nursing career I worked in a York hospital on acute, continuing care and personality disorder wards, retiring as a Clinical Nurse Manager. During this time I developed a greater understanding of the profound effects of mental ill-health and how it can impact on the lives of the person affected and also their family and friends.</p> <p data-bbox="467 757 1382 1122">After I retired I joined Mind in York as a Befriending Coordinator supporting people who were struggling with loneliness and isolation as a result of mental ill-health. I used my skills as a Psychiatric Nurse to listen, empathise, and offer guidance and practical support to both volunteers and individuals accessing the service to build social confidence, resilience, and to reduce isolation. I know the importance of being listened to and to be “included” in the community. I believe it is vital to de-stigmatise mental health in order to promote understanding about what it is to live with mental health difficulties.</p> <p data-bbox="467 1160 1382 1379">Having extensive experience of working in mental health within both statutory and voluntary services I am passionate about the quality of care delivered locally in York. I feel that I would be a valuable part of the team supporting our community by becoming a Governor. I aim to listen to people, and work to help improve care.</p>

making a

difference

together

SELBY GOVERNORS

NAME	PERSONAL INFORMATION
Gemma Birchwood	
	<p>I am a Self Employed Gardener serving the York and Selby area. I also volunteer with TEWV as part of the Expert by Experience programme, helping professionals to see there's more to a person than their diagnosis. I am also a peer support worker, assisting current service users through their therapy, whilst also being involved in a post therapy support group.</p> <p>Additionally, I continue to work alongside staff in the development of and changes to Personality Disorder Clinical Network Services. As a child, teenager and adult I struggled with my own difficulties and have found how a good level of care, and a bad level of care can significantly impact ones recovery.</p> <p>Having been in receipt of services, cared for family with difficulties, and worked to develop services, I feel I can offer a uniquely balanced perspective. It would therefore be my privilege to champion the voice of the service user, by serving as a Governor at the very heart of the decision making in TEWV.</p>

NAME	PERSONAL INFORMATION
Wendy Fleming-Smith	
Awaiting Photograph	Awaiting Information



REST OF ENGLAND GOVERNOR

NAME	PERSONAL INFORMATION
<p>Carol Jones</p> 	<p>I wanted to be a Public Governor because as a former Head teacher; and a current member of our Regional Clinical Research Network Executive group, I have considerable skills and expertise in governance.</p> <p>I've gained knowledge of NHS complex and diverse organisations, its practices and financial and HR procedures. Currently I represent the public and patient engagement area within my remit.</p> <p>As a former patient I bring a voice of those receiving care and as a professional I bring my expertise to challenge and aid the Trust's executive.</p> <p>I will assist the Board of Governors as follows:-</p> <ul style="list-style-type: none"> • Assist to the long term objectives of the Trust by influencing continuous improvement of health services. • Engaging in dialogue to provide advice for robust long term planning of health services. • Encouraging ideas to further develop research in medical improvement for the benefit and needs of patients and wider community. • Supporting and ensuring annual reviews in order to deliver high quality services in line with the Trusts objectives. • Ensure there is accountability and allocation of resources for the benefit of all its hospitals. • Working in co-operation, co-ordination and being committed to be the eyes and ears of the public, patient, staff and respond positively to the local community. • Working as a team with other Governors and responding appropriately when consulted. <p>In this time of transition I would like to see the Trust emerge as a leader through innovative research and the highest clinical care.</p>

making a

difference

together

Staff Governors

TEESSIDE CLASS GOVERNOR	
NAME	PERSONAL INFORMATION
Rachel Booth	
Awaiting Photograph	Awaiting Information

FORENSIC CLASS GOVERNOR	
NAME	PERSONAL INFORMATION
Glenda Goodwin	
	<p>I have worked for the Trust for nearly 10 years, mainly in the Forensic service, also for the children's service and have even helped out in the Adult Challenging Behaviour service so I think I have a wide knowledge of the Trust. Recently I was on secondment to the project's team and travelled extensively around the Trust which gave me an insight to other areas, which I really enjoyed.</p> <p>With your support I would like to represent the Forensic service as a staff governor as I believe that I am a good listener, easy to talk to and easy to get along with and can converse with all members of staff from cleaners to Chief Executive with ease.</p> <p>I believe in sharing best practice whatever the role and always happy to help out where I can and if I don't know the answer to a problem am always willing to find out who does.</p>

making a

difference

together

CORPORATE CLASS GOVERNOR

NAME

PERSONAL INFORMATION

Dr Judith Hurst



My role in the Trust involves managing a variety of education and training programmes for all Trust staff. Hence I am passionate about ensuring all staff have equal access to a wide range of developmental opportunities that will ensure they have the right skills for their role. Having well supported and developed staff supports TEWV in providing excellent high Quality Care.

As staff governor I believe I can help all corporate staff members for the following reasons;

I have worked in the Trust for 30 years and in this time have developed a wealth of knowledge about the Trust and its services which I feel allows me to become involved in Trust wide discussions.

I always uphold the Trust values and behaviours and in this role would ensure that I would support any corporate staff who approached me with needs or issues that the governing body can assist with.

I am a very transparent and open person and do my best to always be happy and caring with all I meet at work.

I am a good listener and think that those staff who know me will agree they can always come to talk to me about anything and I will provide meaningful time and support.

Dr Judy Hurst, Head of Workforce Development HR/OD

making a

difference

together

COUNTY DURHAM & DARLINGTON CLASS GOVERNOR	
---	--

NAME	PERSONAL INFORMATION
------	----------------------

Phil Boyes	
------------	--

Awaiting Photograph	Awaiting Information
------------------------	----------------------

NORTH YORKSHIRE AND YORK CLASS GOVERNOR	
---	--

NAME	PERSONAL INFORMATION
------	----------------------

Vacant	
--------	--

making a

difference

together

Appointed Governors

STOCKTON BOROUGH COUNCIL	
NAME	PERSONAL INFORMATION
Cllr Ann McCoy	
	Awaiting Information

DURHAM COUNTY COUNCIL	
NAME	PERSONAL INFORMATION
Lee Alexander	
	<p>I started my adult social care career in 1992 working for Durham County Council. I have remained with the local authority since and undertaken a wide variety of role during this time. In 2001 I became the Carers lead and managed the commissioning and development of a range of service to support carers in the caring roles. In 2007 I took the lead for 'safeguarding adults' and subsequently went on to strategically manage Practice Development in the Adult Care service as well as Direct Payments, and the Access Service (Social Care Direct).</p> <p>Throughout my career I have been committed to developing professional practice to support individuals who have health and social care needs, based on high quality person centred care.</p> <p>I am currently employed as the interim Head of Adult Care.</p>

making a

difference

together

HAMBLETON, RICHMONDSHIRE AND WHITBY CLINICAL COMMISSIONING GROUP / SCARBOROUGH AND RYEDALE CLINICAL COMMISSIONING GROUP / HARROGATE CLINICAL COMMISSIONING GROUP / VALE OF YORK CLINICAL COMMISSIONING GROUP

NAME	PERSONAL INFORMATION
------	----------------------

Lisa Pope



I am the Deputy Chief Operating Officer of Hambleton, Richmondshire and Whitby Clinical Commissioning Group. In this role my remit includes responsibility for the strategic commissioning and performance management of mental health and learning disabilities services. I am committed to working closely with the Trust to ensure that we collectively enable delivery of the best possible services.

I have been a resident of North Yorkshire for more than 20 years and have worked with and within the NHS for almost 15 years. Prior to taking up my leadership roles in the NHS I worked for 12 years as a professional Management Consultant specialising in Healthcare Consulting and gained extensive experience across the Commissioning, Acute, Community, Specialist, Mental Health, Learning Disability and Offender Health sectors.

I am personally passionate about Mental Health and Learning Disabilities services and about creating an integrated health and care system which addresses both the physical and mental health needs of our diverse population in a fair and equitable way.

NORTH DURHAM CLINICAL COMMISSIONING GROUP/DURHAM DALES, EASINGTON AND SEDGEFIELD CLINICAL COMMISSIONING GROUP/DARLINGTON CLINICAL COMMISSIONING GROUP

NAME	PERSONAL INFORMATION
------	----------------------

Dr David Smart

Awaiting
Photograph

Clinical Chair, North Durham Clinical Commissioning Group

making a

difference

together

UNIVERSITY OF YORK	
NAME	PERSONAL INFORMATION
Ian Hamilton	
	<p>Ian lectures and researches at University of York. His main areas of interest are drug and alcohol use and the impact this has on mental health. Ian writes for the Independent and the Conversation on these themes.</p> <p>You can see the research and publications that Ian is involved with at www.york.ac.uk/healthsciences/our-staff/ian-hamilton</p>

NEWCASTLE UNIVERSITY	
NAME	PERSONAL INFORMATION
Dr Andrew Fairbairn	
	<ul style="list-style-type: none"> • Retired Consultant Old Age Psychiatrist • Former Medical Director (2000-2008), Northumberland Tyne and Wear NHS Foundation Trust • Former Non-Executive Director, Gateshead NHS Foundation Trust (2009-2015)

CITY OF YORK COUNCIL	
NAME	PERSONAL INFORMATION
Cllr Derek Wann	
<p>Awaiting Photograph</p>	<p>Derek is an elected representative to City of York Council who was first elected in May 2019. Outside of his Council work he is a lecturer at the University of York</p>



HARTLEPOOL BOROUGH COUNCIL	
NAME	PERSONAL INFORMATION
Cllr Barbara Ward	
Awaiting Photograph	Awaiting Information

DARLINGTON BOROUGH COUNCIL	
NAME	PERSONAL INFORMATION
Kevin Kelly	
Awaiting Photograph	Acting Assistant Director of Adult Social Care

NORTH YORKSHIRE COUNTY COUNCIL	
NAME	PERSONAL INFORMATION
Cllr Helen Swiers	
Awaiting Photograph	Awaiting Information

DURHAM UNIVERSITY	
NAME	PERSONAL INFORMATION
Awaiting Representative	



TEESSIDE UNIVERSITY	
NAME	PERSONAL INFORMATION
Awaiting Name of Representative	

NORTHERN SPECIALIST COMMISSIONING GROUP	
NAME	PERSONAL INFORMATION
Awaiting Name of Representative	

REDCAR & CLEVELAND BOROUGH COUNCIL	
NAME	PERSONAL INFORMATION
Awaiting Name of Representative	

MIDDLESBROUGH COUNCIL	
NAME	PERSONAL INFORMATION
Awaiting Name of Representative	

HARTLEPOOL AND STOCKTON-ON-TEES CLINICAL COMMISSIONING GROUP/SOUTH OF TEES CLINICAL COMMISSIONING GROUP	
NAME	PERSONAL INFORMATION
Awaiting Name of Representative	

