



## Clinical team of the year award

This award recognises outstanding team work in a clinical area and will be presented to a team that consistently demonstrates a 'can do approach'. Through effective team working they will have successfully implemented change and/or improved services. This could include introducing new ways of working, reconfiguring services or moving base.

The shortlisted candidates are:

### **Sandpiper ward**, Ridgeway, Roseberry Park, Middlesbrough

The ward has been praised for its homely, supportive atmosphere, with staff having a positive approach, which helps service users believe in themselves and their recovery. Many of the service users have suffered trauma and staff follow a pathway of 'trauma informed care' to help them understand themselves and their issues. This has led to a reduction in self-harm and violence. Daily sessions bring service users together so they can develop relationships by sharing experiences. Staff and service users also work together to host annual charity events.

### **Rapid prison transfer assessment service**, Jay ward, Ridgeway and I wing HMP Durham

These two teams have worked together to improve care and support for prisoners who are mentally unwell. Clinical staff and prison officers work together in I Wing to assess and treat prisoners, preventing unnecessary admission to hospital. Staff at Jay ward have introduced new practices to significantly reduce the length of prisoners' stays and to allow them to care for more challenging patients. The feedback both teams have received from colleagues, service users and professionals has been very positive. Services in other parts of the country are looking to them as a leading example and they have been asked to present at national and international conferences.

### **Redcar and Cleveland mental health services for older people (MHSOP) organic team**, Reed Marsh House, Redcar

This outstanding and enthusiastic team carry out their work with care and compassion for patients and their families. Everyone regularly goes above and beyond what is expected to support and improve patients' quality of life. The team has been involved in quality improvement, with outstanding success in many areas. Recent highlights include keeping complex and unwell patients out of hospital and, in line with their wishes, helping to improve their mental health at home. The team also

support each other by discussing cases and giving help and advice and a wellbeing space has been introduced to give staff somewhere to go for self-reflection.

**York and Selby access to mental wellbeing team**, Huntington House, York

The team helps people access secondary mental health services and supports those who have historically fallen between primary and secondary mental health services. With a previous high staff turnover and high sickness rates, the team had a lot of clients waiting to be helped. A RPIW event led to significant improvements and a more efficient service, with new practices ensuring patients are seen more quickly. The team has remained flexible in its approach to meeting service users' needs with staff working extended hours and trialling weekend working. Staff input into the process has had a real impact on how service users can access mental health services which has also led to an improvement in staff sickness levels, retention and morale.