



Chairman's award for everyday excellence

This award recognises people who are brilliant at doing their job and will be presented to an individual who is loyal, committed and flexible; someone you know you can rely on to get the job done.

The shortlisted candidates for this award are:

Andrew Bull, associate practitioner, North End House, Durham

Andrew is an 'unsung hero' whose thoughtful, caring and proactive nature is appreciated by everyone. He goes out of his way to support colleagues and promote staff wellbeing, as well as a real enthusiasm for helping young people. He leads the child and adolescent mental health services (CAMHS) participation group, involving young people in improving CAMHS services and recently encouraged some service users to build and race a soapbox go-kart to help them develop their skills and build their self-confidence.

Emma Walton, recovery programme project support and administrator, Lanchester Road Hospital, Durham

Emma provides essential project support and administration within the Recovery Programme. Described as 'super woman', she is a compassionate and committed member of staff, who has implemented QIS methodology to support team developments, overseen the training and recruitment of peer roles, whilst also supporting the expert by experience programme. Emma is the glue that keeps the team together and is driven by a desire to make services better for the people who use and work within them. She epitomises what it means to live both the Trust and Recovery values.

Jenny Forge, consultant psychiatrist, Acley Centre, Newton Aycliffe

Jenny was nominated for her work with families by a parent whose daughter received her help. Together they set up a Parent Support Project, which has supported hundreds of parents and won national awards. Jenny recognises the family's role in a young person's recovery and co-designed and delivered training to help parents develop their skills and confidence. Her nominator said: "Thanks to Jenny I've gone from a carer needing support to someone who is working in mental health services both locally and nationally."

Polly Harrison, community psychiatric nurse, The Anchorage, Whitby

Polly is nominated by a service user for the difference she has made to her family by helping her come to terms with her illnesses and how to manage them. Polly not only supported them through a very difficult time, but also spoke on behalf of them in meetings and helped her nominator get back into the community through volunteering. Polly continues to visit the family at home and her positive attitude has made her “the glue that has kept this family together” Her nominator believes “everyone should have a Polly.”